



Starters, Share & Apps

Artichoke & Spinach Dip 10

parmesan & tortilla chips

Nachos 11

refried black beans, pico de gallo, sour cream, warm cheddar cheese sauce
sautéed shrimp 4 pulled chicken 3 hanger steak 4 taco beef 3

Homemade Potato Skins 9

applewood smoked bacon or fresh broccoli & cheddar cheese with sour cream

Fried Calamari 10

cornmeal dusted & spicy plum tomato marinara

Littleneck Clam Steamers 12

Garlic, Butter & garlic bread
add another dozen 8

Jumbo Wings 10

buffalo sauce, bbq, teriyaki, Gochujang (Korean pepper sauce), ancho chili glaze or honey lime siracha

Fresh Mussels The Exchange Way 12

bacon, onions, grape tomatoes, white wine, lemon & butter sauce

Quesadilla 8

cheddar jack cheese, pico de gallo
sautéed shrimp 4 pulled chicken 3 hanger steak 4

Chicken Fingers 8

served with honey mustard...add fries 2

Mozzarella Sticks 7

breaded & fried mozzarella with plum tomato marinara

Shrimp Bruschetta 10

12 Shrimp in garlic butter served with garlic toast

Carlo's Fried Meatballs 8

With marinara sauce

Bavarian Pretzels 8

With cheddar cheese dipping sauce

Pizza Fries 10

Marinara, Mozzarella, pepperoni

Salads & Soups

Bowl Of Pasta & Fagioli 8

Bowl Of Stracciatella w/ Spinach 7

Soup of Day crock 6 bowl 7

Cobb Salad 10

Mixed greens, tomato, hardboiled egg, avocado, bacon, blue cheese crumbles, blue cheese dressing
Add Chicken breast 4 Hanger steak 6

Apple and Walnut Salad 10

Arugula, crumbled blue cheese with lemon vinaigrette
Add Chicken Breast 4 Hanger steak 6

Steak and Arugula Salad 16

Hanger steak, arugula, red onions, tomato, blue cheese crumbles

Grilled Salmon Salad 14

Mixed greens, carrot, cucumber, tomato, avocado, soft boiled egg, lemon herb vinaigrette

Caesar Salad 8

Romain, croutons, parmesan cheese, Caesar dressing
Hanger steak 6 chicken Breast 4

Wedge Salad 9

Iceberg lettuce, bacon, tomatoes, red onion & crumbled bleu cheese topped w/ bleu cheese dressing

Burgers

Fresh certified angus beef burgers come with lettuce, tomato, red onion, fries & a dill pickle
Substitute House salad for Fries
sub a beyond burger for \$5

Boro Burger 9

8oz sirloin blend patty add cheese 1

Bacon & Brie 12

Thick cut cedar smoked bacon & apricot jam

Irish Cheddar Burger 14

Caramelized onion, Irish cheddar cheese, bacon mayo

The Exchange Burger 14

Onion rings, cheddar cheese sauce, BBQ sauce, cedar smoked bacon

Beyond Burger 15

Vegan plant-based burger served on a multi-grain roll with homemade pesto, lettuce, tomato, onion

Patty Melt 10

Sautéed onions, swiss cheese, open faced on rye bread

Sandwiches & Wraps

all sandwiches come with house made potato chips

Smoked Ham & Brie 9

Shredded romaine, tomato, whole grain honey mustard on a hero roll

Hanger Steak 12

Caramelized onion, aged cheddar, herb aioli, romaine lettuce on house made focaccia bread

Cheesesteak 10

Grilled chopped chicken breast or Steak
Roasted bell pepper, caramelized onion, cheddar cheese sauce on a hero roll

Buffalo Chicken Club 12

Breaded chicken breast, romaine, tomato, bacon, blue cheese dressing on hero roll

Crispy Fish Sandwich 10

Panko breaded cod fish, lettuce, tomato, tartar sauce, on brioche roll

Grilled Chicken Sandwich 10

Basil pesto, fresh mozzarella, tomato, romaine on a hero roll

Roasted Turkey Club 9

Toasted country white bread, smoked bacon, mayo, lettuce, tomato

Boro Burrito 8

Refried black beans, wild rice, pico de gallo, shredded romaine, cheddar sauce, tortilla chips & salsa
Add: hanger steak 6 pulled chicken 3 Sautéed shrimp 4 taco beef 3

French Dip 11

Thin sliced roast beef, swiss cheese, onions served with side of au jus

Beer Battered Fish & Chips 14

Steak fries & old bay tartar sauce

Classic BLT 9

Bacon, lettuce and tomato with mayo on sourdough bread

Grilled Cheese 9

With bacon and tomato on sourdough bread

Carol's Chicken Wrap 12

Grilled chicken, spinach, roasted peppers, red onion, homemade fresh mozzarella w/balsamic glaze in a wrap

Chef Salad Wrap 12

Roast beef, turkey, smoked ham and swiss with lettuce and tomato in a wrap

Carlo's Parm

mozzarella, plum tomato sauce on choice of house made focaccia bread or hero roll
served with house made potato chips

Homemade Meatballs Parm 9**Homemade Sausage Parm 9****Hand Breaded Eggplant Parm 9****Hand Breaded Chicken Parm 12****Hand Breaded Veal Parm 13****Pizza & Flatbreads**

Your choice of classic pizza or flatbread

Toppings 1 dollar each:

mushrooms, bell pepper, onion, broccoli, grilled chicken, sausage, pepperoni

Margarita 12

San marzano plum tomato sauce, fresh mozzarella, olive oil, basil, sea salt

Cheese 10

San marzano plum tomato sauce, shredded mozzarella

White 12

Ricotta, shredded mozzarella, olive oil & sea salt

BBQ Chicken 12

Grilled chicken, BBQ sauce, caramelized onions, bacon, mozzarella cheese and ranch dressing

Tacos

All tacos come with refried black beans, wild rice blend, shredded romaine, pico de gallo & chipotle sauce.
Three tacos per order on crispy corn or soft flour tortilla

Grilled Hanger Steak 16**Pulled chicken 12**

Sautéed Shrimp 14

Crispy Cod 14

Taco Beef 14

Entrée

Chicken Your Way 18

Choice of francaise, marsala, piccata with capers, pizzaiola, limone or parmigiana
Over pasta, rice or potato

Veal Your Way 20

Choice of francaise, marsala, piccata with capers, pizzaiola, limone or parmigiana
Over pasta, rice or potato

Seafood Platter 21

Clams, mussels, shrimp and scallops over linguini
Marinara or Fra Diavolo

Seared Salmon 18

Wild rice blend, broccoli, topped with homemade arugula almond pesto

NY Strip 27

Baked potato, broccoli spears, roasted garlic herb butter

Pasta

Gnocchi Bolognese 15

Potato pasta in a creamy meat sauce

Spaghetti Carbonara 14

Cedar smoked bacon, onion, parmesan ..add chicken 4

Bacon Mac & Cheese 14

Topped w/garlic breadcrumbs

Linguini & Clam Sauce 16

White or red sauce

Rigatoni Matriciana 16

Rigatoni with pancetta and onions in tomato basil sauce

Penne Fresca 15

Sweet Italian sausage, grilled chicken, fresh mozzarella, parmesan, fresh plum tomato basil sauce

Eggplant Parmigiana 16

Homemade beaded eggplant w/ marinara sauce & fresh mozzarella served over your choice of pasta

The Happy Larry 12

Spaghetti with homemade meatballs in tomato sauce

Vegetable Sides

Broccoli Crowns 5

Baked Potato 3

Onion Rings 5

Herb Roasted Potatoes 5

Fry Sides

House Fries 4

Steak Fries 4

Curly Fries 5

Waffle Fries 5

Sweet Potato Fries 5

Kids Menu 5 *All kids meals comes with a cookie*

Chicken Fingers & Fries

Spaghetti & Meatballs in a Red Sauce Grilled

Cheese & Fries

Kids Burger & Fries

Mac & Cheese

2 Hot Dogs & Fries